

# BASIC ESTHETICIAN PROFILE OF TRAINING MASTERY

Instructor: \_\_\_\_\_ Date: \_\_\_\_\_

Program: \_\_\_\_\_

School: \_\_\_\_\_ Grade: \_\_\_\_\_

Name: \_\_\_\_\_ Soc. Sec. No. \_\_\_\_\_

Address: \_\_\_\_\_ Phone: \_\_\_\_\_

In Case of Emergency, Contact: \_\_\_\_\_

Address: \_\_\_\_\_ Phone: \_\_\_\_\_

Allergies/Disabilities that might require special accommodation for training (please specify):  
\_\_\_\_\_

**The above information can be used for school records and/or to ensure safety of students.  
This confidential information is not to be released to employers or the general public.**

Date of Enrollment: \_\_\_\_\_ Date of Withdrawal: \_\_\_\_\_

Date of Completion: \_\_\_\_\_ Total On-the-Job Training Hours: \_\_\_\_\_

Total Class Hours: \_\_\_\_\_ Total Lab Hours: \_\_\_\_\_

Total Hours Tardy: \_\_\_\_\_ Total Hours Absent: \_\_\_\_\_

<b>ON-THE-JOB TRAINING/WORK EXPERIENCE</b>		
Duration of Employment	Job Title	Supervisor's Name
Address of Employer	Phone	
Duration of Employment	Job Title	Supervisor's Name
Address of Employer	Phone	

**Use of This Document**

This document can be used to record information about the student and skills mastered. This information is useful in documenting student progress during training and in providing information about the student's qualifications to potential employers and/or for entry into advanced training programs. Instructors using these materials are authorized to reproduce this document as required for use in their training programs.



## SPECIFIC JOB COMPETENCIES

### INSTRUCTOR:

As each competency is mastered, place your initials and the date in the blank on the left. This will verify that the student can perform the skill with a minimum of supervision.

#### UNIT 1 — THE MUSCLES OF THE HEAD, FACE, AND NECK

- \_\_\_\_\_ 1. Recognize facts about muscles.
- \_\_\_\_\_ 2. Identify the location and functions of the muscles of the head, face, and neck.
- \_\_\_\_\_ 3. Identify muscles of the head, face, and neck.

#### UNIT 2 — THE NERVES AND MOTOR POINTS OF THE HEAD, FACE, AND NECK

- \_\_\_\_\_ 1. Recognize facts about cranial nerves.
- \_\_\_\_\_ 2. Select descriptions of the branches of the trigeminal and facial nerves.
- \_\_\_\_\_ 3. Describe the motor points of the face.
- \_\_\_\_\_ 4. Identify the motor points of the face.

#### UNIT 3 — THE BONES OF THE HEAD, FACE, AND NECK

- \_\_\_\_\_ 1. Recognize facts about the cranial bones.
- \_\_\_\_\_ 2. Describe the facial bones.
- \_\_\_\_\_ 3. Recognize facts about the neck bones.
- \_\_\_\_\_ 4. Identify the bones of the head, face, and neck.

#### UNIT 4 — THE SKIN OF THE FACE AND NECK

- \_\_\_\_\_ 1. Identify skin types.
- \_\_\_\_\_ 2. Analyze skin types.
- \_\_\_\_\_ 3. Match skin disorders to their correct descriptions.
- \_\_\_\_\_ 4. Match skin diseases to their correct descriptions.
- \_\_\_\_\_ 5. Identify the steps in giving a facial to a client with normal skin.
- \_\_\_\_\_ 6. Identify the steps used in treating dry skin.
- \_\_\_\_\_ 7. Identify the steps used in treating oily skin.
- \_\_\_\_\_ 8. Identify the steps used in treating combination skin.
- \_\_\_\_\_ 9. Outline the differences in treating the four types of skin.

#### UNIT 5 — PREPARING FOR A FACIAL

- \_\_\_\_\_ 1. Describe products, supplies, and equipment used in giving a facial.
- \_\_\_\_\_ 2. Identify sections of a Material Safety Data Sheet (MSDS).
- \_\_\_\_\_ 3. Interpret a Material Safety Data Sheet.
- \_\_\_\_\_ 4. Describe the procedure for preparing the facial area.
- \_\_\_\_\_ 5. Identify the steps in preparing a client for a facial service.
- \_\_\_\_\_ 6. Prepare a client for a facial.
- \_\_\_\_\_ 7. Perform facial manipulations.
- \_\_\_\_\_ 8. Perform a facial.

Student ratings on specific competencies evaluated during the course are available upon student's written request and/or by calling the instructor. Parent's or guardian's signature is necessary if student is under 18 years of age.

## UNIT 6 — REMOVING SUPERFLUOUS HAIR

- \_\_\_\_\_ 1. Identify three methods of electrolysis.
- \_\_\_\_\_ 2. List methods of temporary hair removal.
- \_\_\_\_\_ 3. Identify methods of hair removal.
- \_\_\_\_\_ 4. Determine proper methods of hair removal.
- \_\_\_\_\_ 5. Apply chemical depilatories.
- \_\_\_\_\_ 6. Perform a facial wax.
- \_\_\_\_\_ 7. Apply leg wax.
- \_\_\_\_\_ 8. Recognize steps for determining the arch of the eyebrow.
- \_\_\_\_\_ 9. Arch eyebrows with tweezers.

## UNIT 7 — PERFORMING RELATED FACIAL SERVICES

- \_\_\_\_\_ 1. List the steps for facial hair lightening.
- \_\_\_\_\_ 2. Perform facial hair lightening techniques.
- \_\_\_\_\_ 3. List the steps for applying strip eyelashes.
- \_\_\_\_\_ 4. Apply strip eyelashes.
- \_\_\_\_\_ 5. List the steps for applying individual eyelashes.
- \_\_\_\_\_ 6. Apply individual eyelashes.
- \_\_\_\_\_ 7. List the steps for giving a lash and brow tint.
- \_\_\_\_\_ 8. Give a lash and brow tint.

## UNIT 8 — APPLYING BASIC MAKE-UP

- \_\_\_\_\_ 1. Identify basic make-up products.
- \_\_\_\_\_ 2. Select supplies and equipment needed for make-up application.
- \_\_\_\_\_ 3. Outline the procedure for preparing the work area.
- \_\_\_\_\_ 4. List the steps for preparing a client for a make-up service.
- \_\_\_\_\_ 5. State the different types of foundations.
- \_\_\_\_\_ 6. Apply foundation.
- \_\_\_\_\_ 7. Identify types of make-up used in the eye area.
- \_\_\_\_\_ 8. Apply eye make-up.
- \_\_\_\_\_ 9. Select types of blush and powder.
- \_\_\_\_\_ 10. Apply blush and powder.
- \_\_\_\_\_ 11. Identify types of lip products.
- \_\_\_\_\_ 12. Apply lip products.

## UNIT 9 — APPLYING CORRECTIVE MAKE-UP

- \_\_\_\_\_ 1. Identify factors for analyzing the face.
- \_\_\_\_\_ 2. Analyze the face.
- \_\_\_\_\_ 3. Distinguish between shadowing and highlighting techniques.
- \_\_\_\_\_ 4. Outline corrective foundation techniques.
- \_\_\_\_\_ 5. Apply corrective foundation.
- \_\_\_\_\_ 6. Match nose shapes to corrective technique.
- \_\_\_\_\_ 7. Apply make-up to correct the shape of the nose.
- \_\_\_\_\_ 8. Describe corrective eye make-up techniques.
- \_\_\_\_\_ 9. Apply corrective eye make-up.
- \_\_\_\_\_ 10. Outline steps for applying corrective blush and powder.
- \_\_\_\_\_ 11. Apply corrective blush and powder.
- \_\_\_\_\_ 12. Identify corrective lip techniques.
- \_\_\_\_\_ 13. Apply corrective lip techniques.